

Milton®

MAXIMUM PROTECTION

Trusted
by parents for
70
years

STOP GERMS FAST WITH MILTON

1

CLEAN

100%
PLANT-BASED
CLEANING
AGENTS



+

2

STERILISE



+

3

CLEAN
SURFACES

100%
PLANT-BASED
ACTIVE
INGREDIENT



milton-tm.com

Follow us : MiltonBaby Milton_baby

SAFE AT HOME

STERILISING: THE FACTS

During the first 12 months your baby's immune system is still developing which means they are more vulnerable to germs than older children and adults. Common problems are tummy upsets (gastroenteritis), often caused by bacteria breeding in the milk or food traces left in bottles, teats and pumps, and oral thrush.

This is why it is important to sterilise everything that baby puts in their mouth for the first 12 months of its life :



- Bottle and teats
- Breast feeding utensils
- Soothers (dummies)
- Teething rings
- Small plastic toys and weaning items

STERILISING IS ALSO IMPORTANT FOR BREASTFED BABIES.

ALWAYS PRE-WASH BEFORE STERILISING

Whatever the method, it is really important to clean the items before you sterilise.

Milton Baby Bottle Cleaner is ideal to remove milk residue that can be responsible for the growth of bacteria.

- ✓ Plant-based cleaning agents
- ✓ Biodegradable formula
- ✓ Colour-free, fragrance-free
- ✓ Recyclable packaging



SAFE AT HOME

THE MILTON METHOD : FAST, SAFE AND EASY

The Milton Method of sterilising is a trusted method that has been used by parents, hospitals and midwives for over 70 years. It's quick, easy, effective and great value, allowing you to sterilise items in just 15 minutes with no need to rinse and ensuring you always have a freshly sterilised bottle to hand (perfect for those 3am feeds!).

3 EASY STEPS TO STERILISING WITH MILTON

1. Clean utensils thoroughly after each feed with warm soapy water then rinse.

2. Prepare the Milton Solution by filling your Milton Sterilising Unit, Combi or similar unit, with cold water. Then for every 5 litres of water add 30ml of Milton Fluid, or 1 Milton Tablet.

3. Add your items to the solution

- Ensure that no air bubbles are trapped inside the bottles/utensils.
- Everything in the solution will be ready to use after 15 minutes or can be left in the solution for up to 24 hours until you need to use them.
- Once removed, there is no need to rinse, simply drain bottles and teats and they are ready to use.

YOUR ESSENTIAL KIT

MILTON COLD WATER STERILISER

Sterilises with cold water method.
Takes up to 6 bottles from any brand.
The Maternity method brought into your home

MILTON COMBI STERILISER

Holds up to 5 bottles from most brands. With unique safety vent technology.
Sterilises fast!



**MILTON STERILISING TABLETS
or MILTON STERILISING FLUID**

SAFE AT HOME

STERILISING: EVERYTHING YOU NEED TO KNOW

Sterilising your baby's feeding equipment, including breast pumps, should be an important part of your daily routine for the first 12 months after your baby is born.

GERM HOT SPOTS

Changing table & baby bath

Keep a pack of Milton Antibacterial Surface Wipes by your changing station for quick clean ups as these will dry in seconds making the surface safe for your baby.

Baby baths can be cleaned using the Milton Fluid or Tablets by filling with cold water and adding 30ml of Milton Fluid, or 1 Milton Tablet for every 5 litres of water. Leave for 15 mins.

The floor!

Once your baby starts crawling, the floor becomes their playground. Regular hovering and floor mopping is essential to remove debris and regular hand cleaning is a must.

Toys

Toys are regularly dropped on the floor or in food. Plastic toys can be sterilised

with Milton, while fabric toys will need a regular hot wash.

Clothes & bibs

In tests carried out on baby bibs 80% were found to have higher than desirable levels of contamination, of which 20% were deemed to be at a very high level. Pop them on a hot wash on a regular basis to avoid any lurking nasties.

And of course, clean everything that comes in contact with your baby's mouth!



HOW OFTEN DO YOU CLEAN THINGS?

- Mobile phones can gather more germs than a toilet, but only 1 in 3 of us* admit to cleaning ours regularly
- Nearly half of women in the UK* admit that they never clean their handbag
- 71 per cent of Brits say they have never cleaned their headphones
- Almost 1 in 4 of us admits to having never cleaned our glasses

* Milton Hygiene Survey of 2,000 women by One Poll April 2011

IDEAL ON THE GO

OUT & ABOUT

GERM FIGHTING ESSENTIALS FOR YOUR CHANGING BAG

Milton Antibacterial Hand Gel

- 100 % plant-based active ingredient derived from beetroot
- Kills 99.9% of bacteria, fungi and viruses in seconds
- Hypoallergenic, colour and fragrance-free
- Plant-based moisturising agent

Milton Antibacterial Surface Wipes

- Ideal for sanitising restaurant high chairs and public nappy changing facilities
- Kills 99.9% of germs
- 100 % plant-based active ingredient derived from beetroot
- Biodegradable fabric



SPOTLIGHT ON SOOTHERS

1 in 5 parents clean a dropped soother in their mouth before handing it back to their baby which could be passing germs, like thrush, straight from you to your baby*

1 in 10 parents never sterilise their baby's soother*

48% of parents currently store spare soothers loose in their handbag or baby change bag*

Mini Soother Steriliser

With the Mini you always have a clean soother handy; it cleans and sterilises your dirty soother quickly and there's no need to rinse. The Mini comes with a handy travel strap so it can be attached easily to a buggy or changing bag.

Recyclable cardboard gift box !



Designed to be used with the **Mini Sterilising Tablets**

* Milton Hygiene Survey of 2,000 women by One Poll April 2011

IDEAL ON THE GO

STEAM STERILISING

Solo Travel Steriliser

From trips to the grandparents to days out having a freshly sterilised bottle to hand is not always that easy!

The Solo Travel Steriliser has been designed especially for journeys, overnight stays or just days out. Sterilizes in 2 minutes in the microwave or in 15 min with 1/4 of a tablet in cold water.



Combi Microwave and Cold Water Steriliser

The Combi lets you choose between cold water or microwave sterilisation : the Combi has patented vent technology for faster and better sterilisation in just 2 minutes and automatically releases excess steam gently and safely. Or use with Milton Sterilising Tablets or Fluid to sterilise in just 15 minutes.



TOP TIP

Milton Sterilising Tablets are easy to pack and are the N°1 Sterilising method for travel !

Milton TRIO 3 in 1 Steam Steriliser

- Three core functions
 - Sterilising in 10 min
 - Bottle warming
 - Baby food warming
- Holds 5 wide-neck bottles of any brand
- Effective on 99.9% of germs
- Compact design



Milton®

MAXIMUM PROTECTION

Trusted
by parents for
70
years

MILTON PROTECTS YOUR FAMILY FROM GERMS!

MILTON PROTECTS WHAT'S PRECIOUS EVERYDAY

- ✓ Biodegradable cleaning formulas containing ingredients from natural origin
- ✓ Recyclable packaging
- ✓ Antibacterial formulas containing plant-based active ingredients

In an eco-friendlier approach, Milton is committed to limiting the impact on the environment and the user by developing new products without:

- ✗ Petroleum derivatives
- ✗ Allergens
- ✗ Colouring
- ✗ Ingredients from animal origin

Follow us :

 MiltonBaby  Milton_baby

milton-tm.com

01/2020_L10